

## Frozen Yogurt Covered Blueberry Kabobs

- Skewers or toothpicks (for mini ones)
- Blueberries, fresh or frozen (if using frozen, allow to sit at room temperature for 5-10minutes)
- Yogurt



Take your skewer or toothpick and start putting blueberries on it. If you're using a toothpick, you'll probably be able to get 2-3 blueberries on it. If you're using a skewer, slide the blueberries about ½ way up.

Place the yogurt in a large shallow bowl or pie dish. When you've skewered all your blueberries, roll the stick or toothpick in the yogurt. Take your skewered yogurt covered blueberries and place them on a parchment lined baking sheet and freeze for 30 minutes.